



Jan – March 2025



These funded events are open to professionals with an interest in the topic(s) covered, including: TIS, Thrive Practitioners, educators, voluntary sector colleagues and foster carers. There is no cost to attend.

We look forward to seeing you soon.

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The importance of reparative experiences for children and young people with a history of harm including a 10-minute Q&A on Teams

Dr Lynette Rentoul • Consultant clinical psychologist • Adult psychoanalytic psychotherapist **Wednesday 29 January** • **5 - 6.30pm** • **Online** (The joining link will be sent with your booking confirmation.)

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Winter Warmers: Connecting to the heart of the matter CPD with Ellie Baker

Support Belonging, Emotional Wellbeing, Resilience and Engagement-in-Learning in your work with children, young people and families in communities and schools through this workforce development opportunity. Join us to meet with others over soup and a pasty, as we invite educators, mental health practitioners and service providers to come together in a supportive environment to:

- Renew and refresh your learning.
- Share and exchange good practice.
- Enhance your capacity for self-care as you provide care for others.
- Add to your practical strategy toolkit.
- Add to your emotional strategy toolkit.
- Creativity, Connection, Celebration

Underpinned by the most up-to-date research and reflections from education, neuroscience, emotional and mental health and wellbeing, trauma-reflective practice and arts-based approaches, you will have opportunities to deepen your learning and strengthen your practice.

Ellie Baker is an Integrative Arts Psychotherapist, (UKCP) an Illustrator (MA), an Educational Consultant, Trauma-Informed Trainer, Senior Lecturer and International Keynote Speaker.

Tuesday 21 Jan • 4 - 7pm • Zoom

Monday 3 Feb • 4 - 7pm • Newquay Orchard, Yeoman Way, Newquay, TR7 2SL

Thurs 27 Feb • 4 - 7pm • Zoom

Tuesday 4 March • 4 - 7pm • The Acorn, Parade Street, Penzance, TR18 4BU

Monday 17 March 1 - 4pm • The Alverton Hotel, Tregolls Road, Truro, Cornwall, TR1 1ZQ



A Headstart Conference "Inside I'm Hurting"

Supporting the pupil who has experienced significant relational traumas and losses.

With **Louise Kilshaw**, Touchbase Trauma Recovery.

This day of training is suitable for a wide range of professionals who are:

- Interested in understanding how to settle a troubled pupil to learn within the education context.
- It is intended to inspire those who attend, enabling them to realize that they can all contribute and make a difference whatever their role or responsibility.
- Encourage alternative practices in schools by using an attachment aware and trauma informed framework to understand behaviour as communication.

Louise is a Strategic Attachment Lead Teacher, national trainer and comes highly recommended as a Gold member of Trauma Informed Education (TIE) for all she contributes to children and young people.

Friday 21 March • 9am - 3.30pm • St. Austell Conference Centre, St. Austell Printing Company, St. Austell Business Park, PL25 4FD.



If you'd like to know more about any of our events, or if you have any other questions, please email Tracy Bowers, Headstart Co-ordinator, at: tracy.bowers@cornwall.gov.uk

To book your place, please visit: www.headstartkernow.org.uk/calendar

If you would like this information in another format or language please contact us:
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